

Help us enhance mental health support services in Leeds

Employment support focus group
Tuesday 20 July 2021



Welcome and introductions

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Senior Insight, Engagement and Involvement Officer

NHS Leeds CCG



Housekeeping

- Stick to the agenda
- Be honest
- Be open to new ideas
- Listen to others
- Respect confidentiality
- Don't judge
- Stay muted
- Use the chat!
- Turn your camera off if needed
- Only share what you are comfortable sharing
- Enjoy

Building healthier communities



Agenda

- Welcome, introductions, agenda and housekeeping
- Background to employment support services
 - What are employment support services
 - Which services are we talking about?
 - What do we already know?
 - What are we proposing to change?
- Group discussions in breakout rooms (if needed)
- Final thoughts and close



Enhancing employment support services

Liz Ryan

Pathway Integration Manager – Mental Health

NHS Leeds CCG



This Review – Aim

To ensure that the services being reviewed are able to contribute to the delivery of an improved, integrated and outcomes focused community-based mental health offer for Leeds; supporting the ambitions of the Leeds Mental Health Strategy which says that Leeds will be a mentally healthy city for everyone.



This Review – Measures of success

How will we know if we've succeeded?

- People of all ages and communities will be comfortable in talking about their mental health and wellbeing.
- People will be part of mentally healthy, safe and supportive families, workplaces and communities.
- People's quality of life will be improved by timely access to appropriate mental health information, support and services
- People will be actively involved in their mental health and their care.
- People with long term mental health conditions will live longer, and lead fulfilling, healthy lives.



What is employment support?

- Support and advice aimed at people with mental health conditions who need tailored help to get or keep paid work.
- Provided by trained therapists and support workers who foster strong relationships with local employers as well as offering a range of support to individual clients.
- Two types of employment support that the NHS endorses:
 - Employment Advisers in IAPT – for people with mild to moderate common mental illnesses.
 - Individual Placement and Support (IPS) – more intensive support for people who have severe mental illness and are under the care of NHS secondary care services (generally provided by a NHS hospital trust).
- But there are other services available too, eg LCC's Employment and Skills programme, Job Centre Plus Work Coaches for people on benefits.



What services are we talking about today?

WorkPlace Leeds

- Commissioned from Leeds Mind by NHS Leeds CCG to provide an holistic employment support service for people with serious mental illnesses.
 - IPS service to support people who are ready to enter paid work.
 - Job retention support for people already in paid work whose mental illness is placing that employment at risk, including people who are off sick due to their illness.
 - Volunteering and training support for those who are working towards being ready for paid work, but are not quite there yet.



What do we already know?

- We know that WorkPlace Leeds is busy, and is good at what it does – targets for numbers of people supported to find or keep paid jobs are generally being met – although Covid had its effect here as everywhere else.
- We know that people who use the service are generally happy with it and feel they receive the level and type of support they want.
- For the IPS element WorkPlace Leeds is currently reconfiguring how this is delivered so that it better meets the nationally mandated standards. One part of this is developing close relationships with the clinical team looking after their client. There is more to do to fully achieve this.
- There are lots of other employment support services in Leeds, not all specifically for people with mental health issues, but some people have said that it's difficult and confusing to try and find the service that will meet their particular needs.
- Access to employment, education and training opportunities is one of the priorities for action in the Leeds All-age Mental Health Strategy.



What should we be aiming for?

Anyone wanting employment support should:

- have easy access to good quality, appropriate support regardless of their background, where they live or who they see.
- know which service to contact – this requires services to work within their local communities to tell people about their service and what they offer.
- be able to access the right service for them quickly and easily.
- have confidence that their employment support worker is fully part of their clinical team and they are working together to provide joined up support.
- Receive support that works at their pace and wherever they are on their employment journey.



Proposals for change

- We want to have a proper pathway into employment support in Leeds, so that people with mental health problems can receive the right support at the right time and place to meet their individual needs.
- Linked to that, we want to bring the different types of employment support services in the city together more so that this forms part of an integrated service that will help to deliver on the employment, education and training priority in the Leeds Mental Health Strategy.
- As part of building up the IPS service in Leeds, we want to make sure that people know about it and know how it can help, especially mental health professionals and others who provide services to people with mental health issues.



Discussion Groups

- Zoom will put us all into break out rooms (if needed) so we can all have a chance to discuss the proposals
- We have a set of questions we want you to think about, that link to the proposals for change.
- We've got 60 minutes.
- We genuinely want to hear what you have to say, so please use this opportunity to get the conversation going.



Group discussion questions

- What do you think about our proposals – do you agree we need a clearer employment support pathway for people with mental health conditions?
- What have you found helpful about employment support services?
- What do you think could be improved?
- How could we make services more accessible and sensitive to the needs of diverse ethnic communities and other vulnerable groups?
- Where would you look for information on employment support?



Final Thoughts and summing up



Focus Groups

Specialist Community Support

20 July, 2.00pm – 3.30pm

Service User Involvement

23 July, 1.00pm – 2.30pm

Refugees and Asylum Seekers

27 July, 10.30am – 12.30pm

<https://leedscommmhfocusgroups.eventbrite.co.uk>



Evaluation

Please take five minutes to fill in our online evaluation of the session which you will receive via email after this session.

Please be honest so that we can improve future sessions.



Thank you!

<https://www.leedsccg.nhs.uk/get-involved/your-views/mental-health-community-based-2021/>

