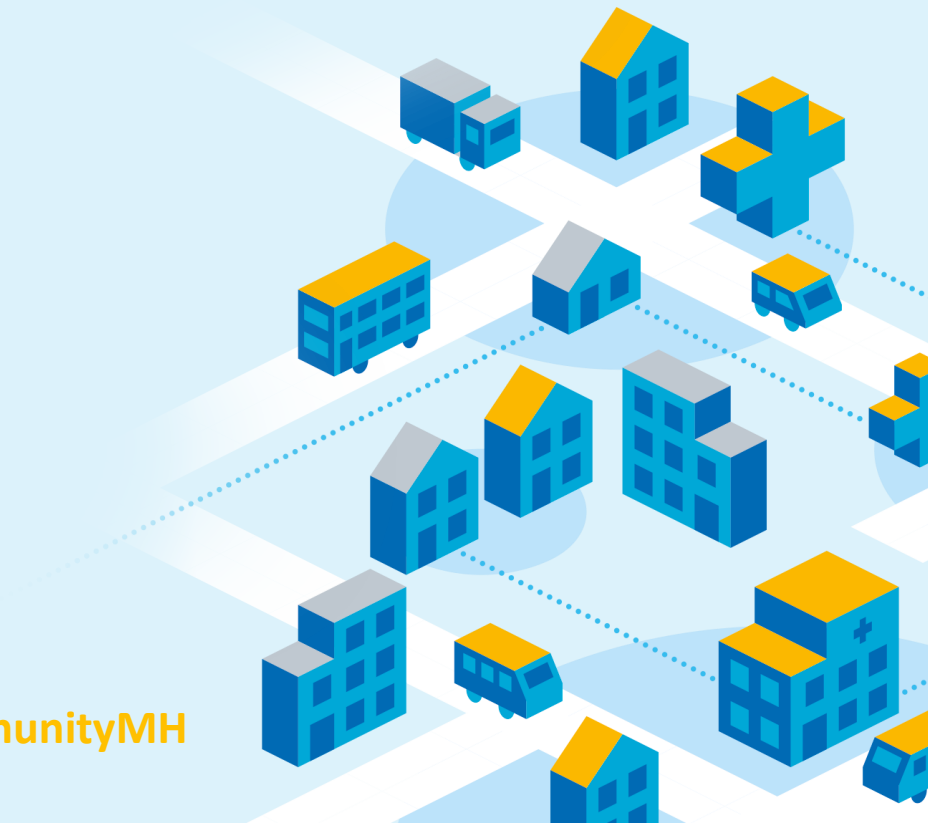


Community Based Mental Health Commissioning Review

Supported Accommodation Workshop
Tuesday 8th June 2021



Welcome and Introductions

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Commissioning Programme Lead, Mental
Health

Integrated Commissioning, Leeds City Council



Housekeeping

- Please mute your microphone unless you're speaking.
- Too many of us to do introductions, so if/when you are speaking, please start by telling us who you are and where you're from.
- Also, too many people for questions as we go along. Please put them in the chat or save them until the break-out sessions later.
- We will be recording some elements of the event, so please feel free to turn off your camera if you prefer.



Agenda

	Item
1.	Welcome and Introductions (10 mins) - Housekeeping - Agenda rundown - Brief background to the Review
2.	Introduction to the Supported Accommodation theme (15 mins)
3.	Services in this theme and what we know about them (20 mins)
4.	What “good” looks like in this theme (15 mins)
5.	Proposals for change (15 mins)
6.	Comfort Break (15 mins)
7.	Group discussions in break-out rooms (60 mins)
8.	Final thoughts and summing up (10 mins)



Brief background to the review

Part of a much wider plan, at both national and local level.

Levers for change:

- NHS Long Term Plan;
- Leeds All Age Mental Health Strategy
- Community Mental Health Transformation Programme
- MH Crisis Alternatives Transformation Programme
- Mental Health Collaborative



This Review

Overarching Aim

To ensure that the services being reviewed are able to contribute to the delivery of an improved, integrated and outcomes focused community-based mental health offer for the population of Leeds, and support achievement of the Leeds Mental Health Strategy ambition that Leeds will be a Mentally Healthy City for everyone.



This Review

Key outcomes (closely aligned to MH Strategy)

- People of all ages and communities will be comfortable in talking about their mental health and wellbeing.
- People will be part of mentally healthy, safe and supportive families, workplaces and communities.
- People's quality of life will be improved by timely access to appropriate mental health information, support and services
- People will be actively involved in their mental health and their care.
- People with long term mental health conditions will live longer, and lead fulfilling, healthy lives.



Services in this theme

- Community Links
 - The Maltings
 - Rose Villa
 - Intermediate Housing Units – Alexander House, Octavia House, Brigid House
 - Oakwood Hall
- Catholic Care
 - Foundry Mill



Supported Accommodation - context

- A range of services which include:
 - Services with staffing present 24 hours (sleep and waking)
 - Self contained flats on site close to the main service hub
 - Dispersed self-contained accommodation in the community
 - Resettlement support (visiting) to people in their own tenancies



What we know about these services, and what good looks like

Simon Pickering

Commissioning Manager, Integrated Commissioning Team,
Leeds City Council



What do we know about them?

Sources:

- Engagement from previous service reviews
- Mental Health Strategy for Leeds consultation
- Summer 2020 pre-engagement e-questionnaires
- Feedback from service providers via contract management



What do we know about them?

- Wide range of services
- Different support models
- Variety of needs between services
- High quality support being delivered by all

But some common themes and challenges



What do we know about them?

- Increased level of needs seen by services
- Some misplacement of needs and available services
- The problem of finding suitable move-on options
- Unmet needs regarding Autism



What do we know about them?

- Demand for resettlement support high
- Higher needs and nursing provision – how is it best delivered?



What does "good" Supported Accommodation look like?

- A range of services across the city which can meet the variety of support needs.
- Clear eligibility criteria and specifications for each service, to help inform choice and decisions
- Easy to navigate pathways into services – for professionals and service users / family.
- Holistic, person centred support delivered with clear goals, but flexibility in when they are reached – recovery focus.
- Realistic move on options to sustain motivation, timely move on to avoid delays
- Good joint working between agencies to promote seamless support
- Flexible pathways to support once people leave – drop in, Hub model, outreach.



Proposals for change

- Addressing Increased Needs
 - Review length of stay in services – flexible, longer for intermediate hostels, weekend cover for lower needs services.
 - Clear understanding of service offer
 - Ensure no gaps, even spread of services – high/ medium / low needs.
 - Enhanced staffing at services to recognise the increased demand on resources (subject to budget approval)



Proposals for change

- Improved move-on options
 - Expand The Maltings popular 'step down' model
 - Promote a tiered approach extended to more services, especially higher needs to offer step down options and routes towards more independent living
 - Increase the number of satellite tenancies shared across services
 - Offer 'taster' tenancies to create solutions for those in higher need services



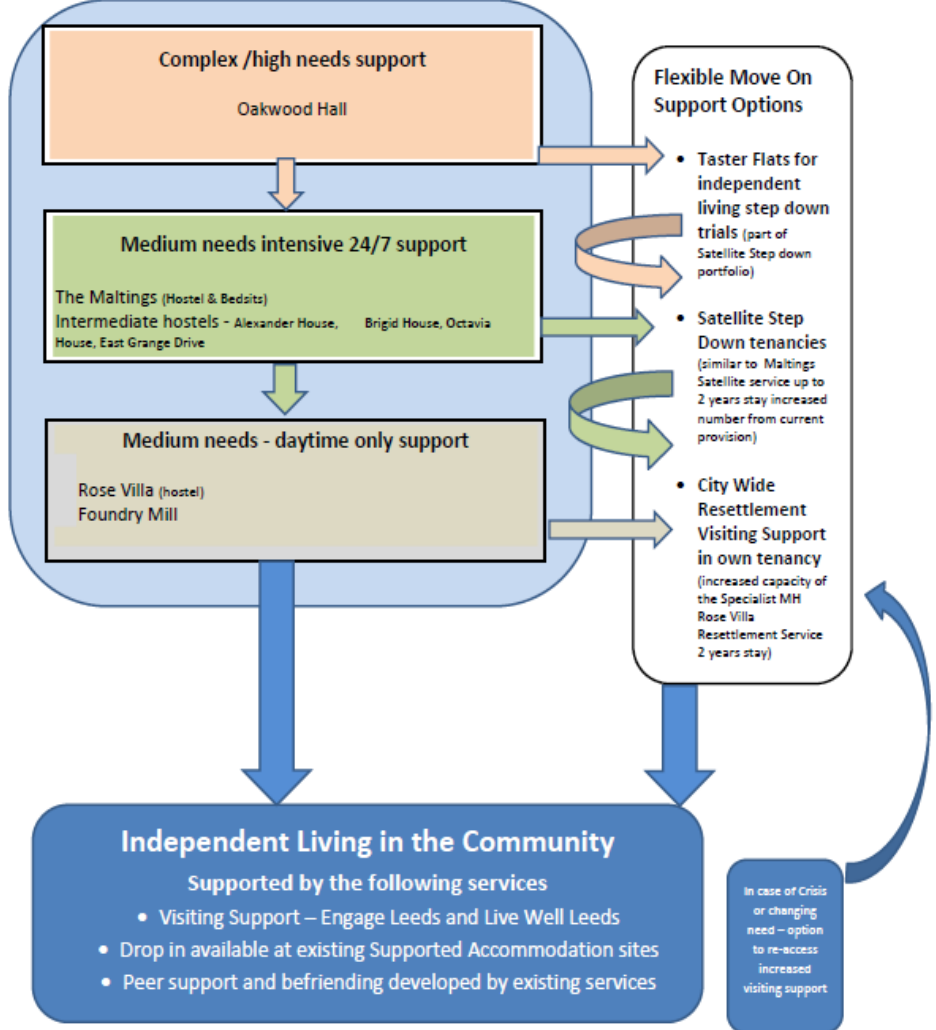
Proposals for change

- Unmet needs
 - Formalise collaborative working between services, share knowledge, resources concerning best practice around supporting people with additional needs
- The resettlement offer
 - Expand Rose Villa resettlement visiting support service, increased staffing and capacity (subject to budget approval)
- Higher needs and nursing provision
 - Findings of Oakwood in-house review
 - Explore options for delivering the nursing element



- Review Aims/objectives:**
- For improved streamlined access to services
 - More joined up working between services
 - Services to meet all needs
 - To support the delivery of the Mental Health Strategy & the priorities of the Health & Wellbeing Strategy & Leeds Health & Care plan.

SUPPORTED ACCOMMODATION NEW MODEL



Summary of proposed model

Building healthier communities



Discussion Groups

- Zoom will put us all into break out rooms, each one will have someone from the project team to help facilitate and capture key points of discussion.
- We have a set of questions we want you to think about, that link to the proposals for change, which is why there's a good long while for you to have the conversations in – 60 minutes in total.
- We genuinely want to hear what you have to say, so please use this opportunity to get this conversation going.



Discussion Group questions

Complexity of Needs

- We have seen referrals to supported accommodation with increased complexity and higher needs seen over the past ten years. Options to address this could be increased staffing, more specialisms between services, or improved links to specialist agencies who can deliver additional packages of support.

Length of Stay

- What balance do we make between having a limit on the length of stay in services but allowing enough time for meaningful support and recovery to be achieved? Are targets useful or a fully flexible approach?

Move On Accommodation

- Will the proposals help free up move-on and avoid blockages? Do they offer realistic options that will help people move-on from the low, medium, and higher need services?

Nursing model at Oakwood Hall

- Nursing provision is delivered at Oakwood Hall but we are interested to find out if this model can be improved or maximise this resource.



Break (15 minutes)

Please do not disconnect. We will move automatically into separate break-out rooms after the break.



Next steps

Dates	Key milestones/activity
25 May -27 July 2021	Involvement and Co-production Phase events.
August 2021	Analysis of involvement and Co-production feedback and findings.
10 September 2021	Involvement and Co-production feedback workshop – to share feedback with stakeholders and proposed next steps.
October 2021 – September 2022	Procurement activity where required
October 2022 – March 2023	Mobilisation period of new contracts
1 April 2023	New contracts formally come into effect



Final Thoughts and summing up



Workshops

Employment Support

15 June, 10am – 12pm

Specialist Community Support

15 June, 2pm – 4pm

Service User Involvement

22 June, 1pm – 4pm

Refugees and Asylum Seekers

30 June, 10am – 1pm

<https://leedscommmhworkshops.eventbrite.co.uk>



Focus Groups

Crisis and Urgent Care

13 July, 2pm – 3.30pm

Supported Accommodation

16 July, 10am – 11.30am

Employment Support

20 July, 10am – 11.30am

Specialist Community Support

20 July, 2pm – 3.30pm

Service User Involvement

23 July, 1pm – 2.30pm

Refugees and Asylum Seekers

27 July, 10.30am – 12.30pm

<https://leedscommmhfocusgroups.eventbrite.co.uk>



Evaluation

Please take five minutes to fill in our online evaluation of the session which you will receive via email after this session.

Please be honest so that we can improve future sessions.



Thank you!

<https://www.leedsccg.nhs.uk/get-involved/your-views/mental-health-community-based-2021/>

