

Community-based Adult Mental Health Commissioning Review

Introductory Workshop
Tuesday 25 May 2021

Building healthier communities

#LeedsCommunityMH



Welcome and Introductions



Housekeeping

- Please mute your microphone unless you're speaking.
- Too many of us to do introductions, so if/when you are speaking, please start by telling us who you are and where you're from.
- Also, too many people for questions as we go along. Please put them in the chat or save them until the break-out sessions later.
- We will be recording some elements of the event, so please feel free to turn off your camera if you prefer.



Agenda

- Introduction to the review and high-level strategic context (15 minutes)
- How the review links to our other mental health improvement programmes (20 mins)
- This Review (15 minutes)
- Overview of the six themes and proposals (30 minutes)
- Comfort break (15 minutes)
- Group discussions in break-out rooms (60 minutes)
- Final thoughts and summing up (10 minutes)



Introduction to the review and strategic context

Aidan Smith

Head of Commissioning – Working Age Adults
Adults and Health Directorate
Leeds City Council



Introduction to the review and strategic context

Role of the CCG and Council Commissioners

Levers for change:

- NHS Long Term Plan;
- Leeds All Age Mental Health Strategy
- Community Mental Health Transformation Programme
- MH Crisis Alternatives Transformation programme
- Mental health collaborative



Introduction to the review and strategic context

- Putting the individual in need front and centre of service planning and delivery.
- Key system partners working better together – "team Leeds".
- Promoting better integration between 3rd sector and statutory services.
- Tackling health inequalities.



How this review links to our other mental health improvement programmes

Caroline Townsend

Pathway Integration Lead – Adult Mental Health
NHS Leeds Clinical Commissioning Group



What We Are Working Towards

Health and Wellbeing Strategy Vision: Leeds will be a healthy and caring City for all ages where people who are the poorest improve their health the fastest

Mental Health Strategy Vision: Leeds will be a mentally healthy City for everyone

To achieve these things we aim to.....

Improve our performance against the following outcomes

- People of all ages and communities will be comfortable in talking about their mental health and wellbeing.
- People will be part of mentally healthy, safe and supportive families workplaces and communities.
- People's quality of life will be improved by timely access to Mental Health information, support and services.
- People will be actively involved in their mental health and their care.
- People with long term mental health conditions will live longer and lead fulfilling, healthy lives.

Meet the aspirations within our Left Shift Blueprint Measures – by the left shift we mean:

- Focusing more of our resources and attention on **supporting people to live, age and die well.**
- Ensuring our services and resources are focused on **reducing health inequalities.**
- Investing more resources in prevention and personalised proactive care – often (but not always) resulting in **more activity and care taking place in community settings including people's homes**
- Ensuring that services work with people as equal partners in their care, and **services are delivered in a way that is focused on what matters to people**

To achieve this as a delivery group we will focus on 3 workstreams and 8 priorities...

3 Workstreams

- Focus on supporting populations particularly impacted by Covid-19 to stay mentally healthy
- Community Mental Health Transformation
- Acute Services Redesign – Initial focus on crisis

8 Priorities

- Target mental health promotion and prevention within communities most at risk of poor mental Health, Suicide and Self-Harm
- Reduce over representation of people from Black, Asian and minority ethnic communities assessed and/or detained under the MH Act
- Ensure education, training and employment is more accessible to people with mental health problems
- Improve transition support and develop new service models for 14-25 year olds
- Ensure all services recognise the impact that trauma or psychological and social adversity has on mental health
- Ensure a timely access to mental health crisis services and early intervention services
- Ensure older people are able to access information, support and mental health treatment that meets their needs
- Improve the physical health of people with serious mental illness

Community Mental Health Transformation Programme

- Aims to radically transform the community mental health offer for people with severe mental illness and co-existing needs.
- Implementing new and integrated models of primary and community mental health care through a partnership approach
- Move away from an over-medicalised approach and with a clear focus on increasing investment into third sector and community.



Crisis Alternatives Transformation Programme

- Big emphasis on further developing support services other than statutory crisis provision.
- But also emphasising the importance of integration and collaboration between statutory and third sector providers.
- Developing pathways to help people in crisis avoid unnecessary hospital admission because there are no alternatives.



Mental health collaborative

- A partnership approach to addressing challenges in mental health provision and pathways, including membership from service providers, people with lived experience and family members and carers.
- Initially focusing on initial Points of Access (POA) for people in crisis, the processes they follow and what happens to a person after their initial contact.



This Review

Eleanor Hastwell

Commissioning Programme Leader – Working Age Adults
Adults and Health Directorate
Leeds City Council



This Review

Overarching Aim

To ensure that the services being reviewed are able to contribute to the delivery of an improved, integrated and outcomes focused community-based mental health offer for the population of Leeds, and support achievement of the Leeds Mental Health Strategy ambition that Leeds will be a Mentally Healthy City for everyone.



This Review

Key outcomes (closely aligned to MH Strategy)

- People of all ages and communities will be comfortable in talking about their mental health and wellbeing.
- People will be part of mentally healthy, safe and supportive families, workplaces and communities.
- People's quality of life will be improved by timely access to appropriate mental health information, support and services
- People will be actively involved in their mental health and their care.
- People with long term mental health conditions will live longer, and lead fulfilling, healthy lives.



This Review

Activity so far

- Individual service reviews based on performance data and reporting.
- Pre-engagement surveys with staff and service users to get additional information about current services.
- Detailed desk research into evidence-based good practice, to understand what "good" looks like.



Overview of the six themes and services

Liz Ryan

Commissioning and Performance Manager – Adult Mental Health

NHS Leeds CCG



Overview of the six themes and services

- Crisis and urgent care support
- Supported accommodation
- Specialist community support
- Employment support
- Refugee and Asylum Seeker support
- Service User Involvement



Overview of the six themes and services

Crisis and urgent care support

Services: Well Bean Crisis Cafés, Dial House, Dial House@Touchstone, Connect Helpline and BARCA High Volume Service User Project.

Supported accommodation

Services: The Maltings, Rose Villa, Alexander House, Octavia House, Brigid House, East Grange Drive, Oakwood Hall, Foundry Mill

Specialist Employment Support

Services: WorkPlace Leeds, currently provided by Leeds Mind

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Overview of the six themes and services

Specialist community support and treatment

Services: Community Support Team, currently provided by Touchstone

Service user involvement

Services: Mental Health Involvement Development Officer, currently embedded within Leeds Involving People.

Refugee and asylum seeker support

Services: Mental Health Workers in both Solace and PAFRAS



Discussion Groups

- Zoom will put us all into break out rooms, each one will have someone from the project team to help facilitate and capture key points of discussion.
- We have a set of questions we want you to think about, which is why there's a good long while for you to have the conversations in – 60 minutes in total.
- We genuinely want to hear what you have to say, so please use this opportunity to start this ongoing conversation.



Break (15 minutes)

Please do not disconnect. We will move automatically into separate break-out rooms after the break.



Group discussion questions

- What are your thoughts and views on the aims and objectives for this review?
- What kind of behaviours and attitudes will be needed across the Leeds system to enable better integration and partnership working?
- What are the perceived barriers to effective collaborative working, and how do we break them down?
- What support do you/your organisation need to help you engage fully with the review now and as we move forward?



Next steps

Dates	Key milestones/activity
25 May -27 July 2021	Involvement and Co-production Phase events.
August 2021	Analysis of involvement and Co-production feedback and findings.
10 September 2021	Involvement and Co-production feedback workshop – to share feedback with stakeholders and proposed next steps.
October 2021 – September 2022	Procurement activity where required
October 2022 – March 2023	Mobilisation period of new contracts
1 April 2023	New contracts formally come into effect



Final Thoughts and summing up

Eddie Devine

Head of Pathway Integration – Mental Health, Learning Disability
and Neurodiversity

NHS Leeds Clinical Commissioning Group



Workshops

Crisis and Urgent Care

2 June, 10am - 1pm

Supported Accommodation

8 June, 1pm - 4pm

Employment Support

15 June, 10am – 12pm

Specialist Community Support

15 June, 2pm – 4pm

Service User Involvement

22 June, 1pm – 4pm

Refugees and Asylum Seekers

30 June, 10am – 1pm

<https://leedscommmhworkshops.eventbrite.co.uk>



Focus Groups

Crisis and Urgent Care

13 July, 2pm – 3.30pm

Supported Accommodation

16 July, 10am – 11.30am

Employment Support

20 July, 10am – 11.30am

Specialist Community Support

20 July, 2pm – 3.30pm

Service User Involvement

23 July, 1pm – 2.30pm

Refugees and Asylum Seekers

27 July, 10.30am – 12.30pm

<https://leedscommmhfocusgroups.eventbrite.co.uk>



Evaluation

Please take five minutes to fill in our online evaluation of the session which you will receive via email after this session.

Please be honest so that we can improve future sessions.



Thank you!

<https://www.leedsccg.nhs.uk/get-involved/your-views/mental-health-community-based-2021/>

