

# Leeds Older People with Frailty & COVID-19 Enhanced Care at Home (including in a care home)

**Patient aged 70yrs or above with frailty and felt to be in the last year of life.**

Clinically unwell with COVID 19 (suspected or confirmed) and not managing at home\*\*

Follow Leeds Breathlessness Pathway and patient is in category 2b, 2c or 1

AND

Admission thought not appropriate after careful consideration including: resident/family preferences for or against hospital admission, likelihood of being able to comply with care in hospital (i.e. keep in a drip or keep oxygen on etc.), susceptibility to adverse effects of hospitalisation (higher risk of falls, delirium, poorer nutrition, etc.) and proximity to the end of life.

AND

GP agrees admission not appropriate and happy to support at home

\*\*for people living in a care home please see the link on the webpage to the document **Structure for Care Homes MDT – Covid outbreak** [here](#) for guidance on running care home MDT during a covid outbreak



**Escalate to Neighbourhood Team and discuss with Geriatrician if needed**

Plan of care agreed, which may include:

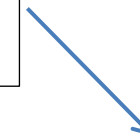
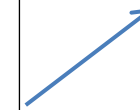
- Home oxygen therapy [here](#)
- Sub-cut fluids [here](#)
- Active monitoring and respiratory support by NT [here](#)

**Geriatrician advice available to support decision making, management and ongoing care if needed (9am to 5pm, Monday to Friday, via Leeds Teaching Hospitals Trust switchboard: 0113 2433144. Ask for the **Community Frailty Response Consultant**, outside of these hours cover is provided by the on-call registrar)**

**Existing referral route to LCH Neighbourhood Team** - contact directly to Neighbourhood Team for known patients and via SPUR 0113 3760369 for new patients



Ensure that Advance Care Planning conversations have taken place and a ReSPECT form is in place, where appropriate



**Care delivered in the community in line with agreed plan and includes agreed GP follow up / reassessment**

**On-going care** until the patient stabilises and recovers



**Patient receives best supportive end of life care** according to patients documented wishes .

See **Leeds Community Specialist Palliative Care response during COVID-19 Outbreak** flow chart

*Specialist Hospice advice (8am – 9pm, 7 days per week):*

*St Gemma's: 0113 2185511*

*Wheatfields: 0113 2787249*

**\*All protocols and guidance documents to support this flow chart can be found at: <https://www.leedscg.nhs.uk/about/covid-19-primary-care/resources-for-professionals/leeds-older-people-with-frailty-and-covid-19-enhanced-care-at-home-pathway/>**