

(3) Summary of the LCH Offer for Care at Home – COVID-19 and Frailty

The existing Leeds Community Healthcare (LCH) Neighbourhood Team offer provides multidisciplinary care to the population of Leeds 24 hours a day, 7 days a week to patients within their own home or a care home setting. The LCH Respiratory Team and Community Intravenous Administration Service (CIVAS) are also part of the existing 7 day a week core offer.

Whilst some of the following are already part of routine patient care provided by LCH, for the purposes of *LCH Older People with Frailty and COVID-19 Care at Home*, the offer will include:

- Active patient monitoring and management: this includes clinical assessment and review by an Advanced Clinical Practitioner e.g. Community Matron, District Nurse or Senior Nurse or Therapist) and undertaking of the recommended clinical observations listed within the Leeds Breathlessness Pathway to inform the clinical management
- Access to pathology & radiology diagnostics (both via established urgent & routine pathways)
- Home oxygen therapy - this follows the existing HOOF guidance for prescribing and management (see specific guidance)
http://nww.lhp.leedsth.nhs.uk/referral_info/detail.aspx?ID=295
- Clinically assisted hydration (sub-cut fluids)
- Non-pharmacological support – respiratory breathing techniques
- Increased access to specialist palliative support

In addition, an LTHT advice line operates 7 days a week, 8am – 9pm, providing Geriatrician Consultant advice to support all health professionals with decision making, management and ongoing care. Contact Leeds Teaching Hospitals Trust switchboard: 0113 2433144 and ask for the Community Frailty Response Consultant.

The plan of care will be agreed with the patient following discussions between the relevant professionals e.g. the Community Matron, GP, Geriatrician, LTHT Consultant, etc. The clinical plan will be recorded on SystemOne, which can be accessed via Leeds Care Record and reviewed on a daily basis.

To access this offer please refer to the Neighbourhood Teams via SPUR (or contact the Neighbourhood Team directly if the patient is already known to them)