

The Shielding Group in Leeds

Information and
Routes to Support

Information from the Multi Agency Bronze
on Shielding

Contact: Covid.Partners@leeds.gov.uk

Or Rachael Loftus on 07891 271 054



Information Correct at: 11/08/2020

These slides are intended to assist anyone working with people in Leeds who have been advised to shield due to their clinical risk to Covid 19.



The information is collected from a number of sources and every effort has been made to ensure that it is accurate. If you find something has been changed, or there is an error – please do share that with us, so that we can keep improving these resources.



The Shielding Group

- The Shielding Group are people who are identified as “clinically extremely vulnerable” to Covid-19.
- This is people who have got existing health conditions that mean they would be likely to have serious complications if they caught the coronavirus.
- This is usually because a person has a specific condition or a combination of conditions.
- People who are “clinically extremely vulnerable to Covid 19” can be any age not just older people.
- From the end of March to end of July this group were advised to shield at home to limit the chance of coming in to contact with the virus.
- Because of low rates of transmission of Covid-19 in England, it has been possible to PAUSE the advice to shield at home from 1st August.
- **There are a small number of people who are in active treatment or awaiting surgery who will still be advised to shield at home on individual medical advice – these people should continue to follow their doctor’s advice about the right level of shielding for them.**
- The whole shielding group may be given additional advice on staying safe whilst the Covid-19 pandemic goes on – either at local or national level.
- And if the transmission rate increases significantly, it is possible that the whole group may be advised to shield at home again in the future.

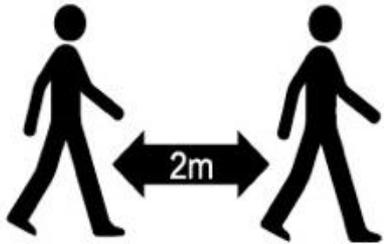


Advice for the shielding group

- From 1st August, people in the shielding group are advised to:
 - Maintain good **HAND HYGIENE** – washing or sanitising regularly, especially if you have been touching objects that have come in to contact with other people
 - Maintain good **RESPIRATORY HYGIENE** – this means catching coughs and sneezes in a tissue or the elbow and washing or sanitising hands again afterwards
 - Maintain strict 2m **PHYSICAL DISTANCE** wherever possible from people they do not live with – this applies everywhere - at work, shopping, on public transport or visiting other people's homes. Keeping distance is important even if they and others are wearing a face covering.



Staying Safe: Advice for the Shielding Group



Maintain physical distancing at all times outside the home



Wash your hands regularly, especially upon returning home



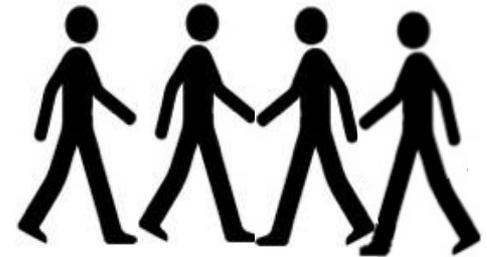
Wear a face covering in enclosed or crowded spaces



Keep your home well ventilated, by opening windows, especially in shared spaces



Catch sneezes in your elbow or a tissue, bin it immediately and wash your hands



Avoid busy or crowded locations where it is difficult to keep your distance

Working with people in the Shielding Group

- For EVERYONE working with the public at this it is strongly recommended that you read the latest Government Guidance. Please note that this guidance was updated on 31st July so you may need to read it again:
- <https://www.gov.uk/government/publications/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19>
- You can download this guidance in Easy Read and other languages from the same link
- If you are working with someone who has been shielding you may wish to discuss with them any suitable adjustments to how you work with them so that you can best manage the risk to them.
- If you are working with individuals who are in the shielding group, and having read the guidance feel you are unable to continue doing so safely, please escalate these concerns to the Multi Agency Bronze Meeting on Shielding via covid.partners@leeds.gov.uk or by contacting Rachael Loftus on 07891 271 054
- It is recommended that you check with **anyone** you are working with:
 - if they have been shielding and remain “clinically extremely vulnerable” to Covid19
 - If they have been advised to remain shielding as they are in active treatment
 - provide support to them to understand the current guidance on managing their risk
 - **take the opportunity to help them plan what would work best for them if the advice to shield at home is ever reissued in the future**
 - share the local helpline number 0113 378 1877 with them and web address, so that they are able to seek help at any time in the future if the advice to shield at home has to be reissued

Local Shielding Communication

- Leeds has a number of ways to communicate directly with people who are shielding:
- **Texts** come from an account called “**LCC Covid19**”. No links are ever used in these texts.
- For people who are Deaf or Hard of Hearing they can use the TextLine: **07480632471**
- For people who use BSL they can select **LCC Covid19** using the **SignLive Directory**
- **Emails** are sent from a verified **Gov Delivery** account. These emails will never ask for personal details.
- **Landline telephone** calls are made from the Leeds Helpline or the Leeds Welfare Support Line. Anyone who is suspicious that a call may be fraudulent is advised to hang up and redial the general Leeds City Council number 0113 222 4444.
- **Letters** will be sent periodically to people who do not have access to electronic communications.
- **Local updates** will appear on the dedicated Shielding webpage on the Leeds City Council website: **www.leeds.gov.uk/shielding**
- In Leeds there is a Multi Agency “Bronze” meeting on Shielding. This feeds in to the city’s command and control structures for dealing with the pandemic. Anyone who wishes to escalate a concern around shielding can contact this group by email: **covid.partners@leeds.gov.uk**



Online

leeds.gov.uk/shielding



Phone

0113 378 1877



SignLive Directory

Select LCC Covid19



Text Number

07480632471

Local Support for the Shielding Group

Even as the advice to shield at home, the following slides show the routes to support for anyone in the shielding group. This should help you advise or support someone to access:

- Food
- Employment or Financial Advice
- Social and Emotional Life
- Medication
- Transport
- Safeguarding
- Wellbeing

Routes to Support: FOOD

Support	Accessed Through	
<p>Priority Delivery Slots at supermarkets</p>	<p>For people who registered on the Government Shielding Programme before 17th July 2020 – they continue to have priority access to supermarket delivery slots.</p>	<p>Available at: Asda, Iceland, Sainsbury's, Tesco</p>
<p>Free “Basic Box” delivered to doorstep</p>	<p>These will STOP on/ before 31st July.</p> <p>If people were in receipt of a box and think they will struggle to access/ afford food after 1st August, they are advised to call the Leeds Helpline.</p> <p>We are contacting those people who have indicated that they may need ongoing support.</p>	<p>Call the Leeds HELPLINE: 0113 3781877</p>
<p>For those struggling physically or mentally to go shopping: Volunteer assisted shopping</p>	<p>Local volunteers will go to a supermarket with a person's own shopping list. This allows people to choose and pay for their own groceries. The Council issues a 'safe pay' voucher to volunteers and the person is recharged only for the items purchased.</p> <p>This will remain in place for people who do not want to change to online shopping or cannot go shopping for themselves.</p>	<p>Call the Leeds HELPLINE: 0113 3781877</p>

Routes to Support: FOOD

Support	Accessed Through	
For those struggling to afford food	<p>Referrals can be made for those needing food, help with gas and electricity top-ups, white goods and items for babies.</p> <p>Referrals from any key worker or by individuals calling.</p>	<p>Local Welfare Support Scheme: 0113 376 0330</p>
Emergency food parcels for people in immediate need*	<p>Food parcels contain enough food for a few days and can be tailored to urgent needs, including baby food. Not means tested but offer of welfare advice is made, and followed up if more than 4 emergency parcels are requested</p>	<p>Referrers: use the “Referral for Emergency Food Provision Form from thriving@leeds.gov.uk</p>

Routes to Support: Employment/ Financial

Support	Accessed Through	
Financial support and advice	Referrals can be made for those needing food, help with gas and electricity top-ups, white goods and items for babies. Referrals from any key worker or by individuals calling. Streamlined support.	Local Welfare Support Scheme: 0113 376 0330
Financial support information	Information and resources updated regularly on the Council website on: <ul style="list-style-type: none"> ▪ debt ▪ benefits ▪ emergency food ▪ low cost loans ▪ bills or payment holidays 	Money Information Centre website: https://www.leeds.gov.uk/leedsmic
Employment Advice and Support	If someone from the shielding group is unable to work from home, and is unable to reach agreement with their employer about safely returning to work they should seek immediate Employment Advice**. <p>**In this case, with the permission of the person, please escalate these concerns to the local Shielding Team via: covid.partners@leeds.gov.uk so they can be relayed nationally.**</p>	Citizens Advice Leeds 0113 223 4400

Routes to Support: Social and Emotional Life

Support	Accessed Through	
Mental health information (Adults)	The Leeds MindWell website is full of tips on different ways you can protect your mental health, whilst staying home. Information is available on the coronavirus mental health information hub web page.	https://www.mindwell-leeds.org.uk/myself/coronavirus-mental-health-information-hub
Mental health information (Children and young people)	Children and families, including those who are shielding, are recommended to look at the MindMate website for information on managing mental wellbeing.	https://www.mindmate.org.uk
Volunteering	Voluntary Action Leeds, through their Doing Good Leeds platform, are also encouraging other organisations to advertise any volunteer roles that would be suitable for someone who is in the shielding group and interested in helping out, learning new skills and making new friends – at a social distance or virtually.	Call Voluntary Action Leeds: 0113 2977920 https://doinggoodleeds.org.uk/i-want-to-volunteer/

Routes to Support: Medication

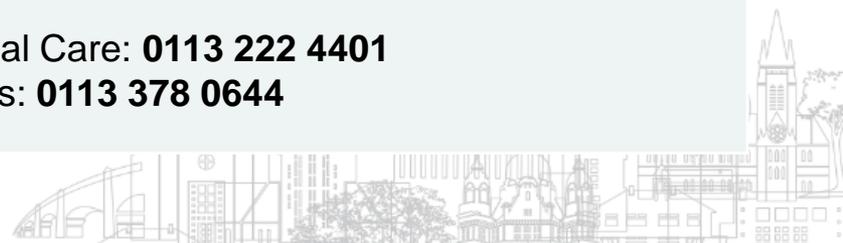
Support	Accessed Through	
<p>Priority delivery of repeat prescriptions</p>	<p>Check first with the person's own pharmacist about what their plans are.</p> <p>Some pharmacies have agreed to continue to deliver to the door; others will stop this at the end of July.</p> <p>If a person cannot get their own medication because they are physically or emotionally unable to do so, they can be connected to a volunteer who may be able to help.</p>	<p>Check first with the person's local pharmacy</p> <p>NHS Volunteer Responders Call: 0808 196 3646 (8am to 8pm)</p> <p>Or the Leeds Helpline: 0113 378 1877</p>
<p>For Pharmacies</p>	<p>Pharmacists requiring support for an urgent delivery, backed up by Council and volunteer fleet</p>	<p>Pharmacists/ partners request via Email <u>covid.partners@leeds.gov.uk</u></p>
<p>For Primary Care</p>	<p>Primary care requiring support for an urgent need (e.g. if availability a problem in usual/local pharmacy and prescription needs to be filled elsewhere) backed up by Council and volunteer fleet</p>	<p>Request via Email <u>covid.partners@leeds.gov.uk</u></p>
<p>For neighbours</p>	<p>Neighbours encouraged to collect prescriptions for people who are known to them</p>	<p>Promoted through community messaging. Including offer of back up via helpline if neighbours unable to do so.</p>

Routes to Support: Transportation

Support	Accessed Through	
People who usually use Patient Transport Service	People are eligible for Patient Transport Service (PTS) if they have a medical condition that could stop them getting to a health appointment by any other means.	This service continues to be accessed in the usual ways
People who may need help to attend a medical appointment	Transport arranged via existing passenger transport system or via NHS responders where needed by the clinic.	NHS Responders: People in the shielding group can call NHS Volunteer Responders directly by calling 0808 196 3646 between 8am and 8pm.

Routes to Support: Safeguarding

Support	Accessed Through	
If you are concerned for the safety of a child	Advice is available from the Duty & Advice Team during office hours. And from the Children's Emergency Duty team on evenings, weekends and bank holidays.	Office Hours, Tel: 0113 376 0336 Out of hours, Tel: 0113 535 0600
Help for adults concerned about a child	NSPCC advice line.	NSPCC Tel: 0808 800 5000
Help for children and young people	Childline via telephone or online.	ChildLine Tel: 0800 1111 https://www.nspcc.org.uk/keeping-children-safe/reporting-abuse/
To report abuse or seek advice about an adult:	Contact Adult Social Care: 0113 222 4401 Out of hours: 0113 378 0644	



Routes to Support: Safeguarding

Support	Accessed Through	
Leeds Domestic Violence Service	24-hour Helpline for anyone in Leeds wanting immediate advice, support and information. Emergency accommodation, support, advice and advocacy to women, men and families across Leeds.	Tel: 0113 246 0401 www.ldvs.uk/
Leeds Women's Aid	Online chat service is available Monday to Friday from 1pm till 3pm. Please go to the to access a confidential live online live chat for support and help.	Online Chat Service: https://leedswomensaid.co.uk/
The Mother Load	Advice for domestic abuse victims on how to keep safe during self-isolation.	the-motherload.co.uk/
Karma Nirvana	Support for victims of honour based abuse and forced marriage	https://karmanirvana.org.uk/
Galop	LGBT+ anti-violence charity	www.galop.org.uk/
Respect Phoneline	Anonymous and confidential helpline for men and women who are harming or considering harming their partners, ex-partners, or families. Advice and information to promote behaviour change	Respect Helpline: 0808 8024040
Respect Men's Advice Line	National Men's Advice Line for men experiencing domestic abuse	Tel: 0808 8010327 https://mensadviceline.org.uk/



Routes to support: mental wellbeing

Support	Info	Accessed through
24 hour mental health helpline	Anyone registered with a Leeds GP.	0800 183 0558
Leeds Survivor-Led Crisis Service:	LSLCS provides a range of services, offering emotional support to people in crisis, including specialist support for people from BAME groups.	0808 800 1212 www.lslcs.org.uk
Leeds Mental Wellbeing Service	Anyone aged over 17 and registered with a Leeds GP can use online therapy courses and self-management tools which are available at any time day and night to help with a wide range of issues including stress and anxiety, mindfulness, depression and bereavement. Help is available immediately	https://leeds.omnitherapy.org/
Mindwell	The Leeds MindWell website is full of tips for adults on different ways to protect their mental health. Information is available on the coronavirus mental health information hub web page.	Visit: https://www.mindwell-leeds.org.uk/myself/coronavirus-mental-health-information-hub
MindMate	The Leeds MindMate website is aimed at children and young people, offering advice on looking after their mental wellbeing.	https://www.mindmate.org.uk/



Routes to support: physical wellbeing

Support	Info	Accessed through
Keeping Well at Home	This booklet has lots of ideas and suggestions on how to keep well, particularly helping people to move more. Staying physically active is one of the best ways to boost your immune system.	https://www.leeds.gov.uk/docs/Keeping%20Well%20at%20Home.pdf
One You Leeds	Help to make small but effective changes to improve a physical health. Including advice on stopping smoking, managing weight, healthy eating and cooking, and moving more.	https://oneyouleeds.co.uk/
Active Leeds	To help people stay fit and healthy during the pandemic, Active Leeds have produced a number of videos and guides aimed at: children and families, adults, older adults.	https://active.leeds.gov.uk/healthy-at-home/be-active



Routes to support: people who can help

Leeds Directory	Leeds Directory offers a comprehensive range of services and community based support, groups and activities, in order to support people to live the life they want to live. It helps you live well by connecting you to reliable local services and tradespeople who have been checked and vetted as well as activities and events near you.	Call: 0113 378 4610, weekdays 9am to 5pm Email: leedsdirectory@leeds.gov.uk Visit: www.leedsdirectory.org
Community Hubs	There are still thousands of volunteers who are willing to help working across Leeds. If you are struggling, worried or just need someone to point you in the right direction – call and they will put you in touch with someone who can help.	Call: 0113 378 1877
Linking Leeds	Linking Leeds is the integrated city-wide Social Prescribing service for people in Leeds. Social Prescribing is a way of linking individuals with a range of local community services to improve social, emotional and mental wellbeing.	Call: 0113 336 7612 Email: linking.leeds@nhs.net Visit: www.commlinks.co.uk
Forum Central	Forum Central offer information about voluntary and community services that are available to help and support you, and help with accessing these services.	Call: 0113 242 1321 Email: hello@forumcentral.org.uk Visit: www.forumcentral.org.uk
Carers Leeds	If you are a carer over the age of 18 – i.e. you look after a friend or relative with an illness, frailty, disability, mental health issue or an addiction – Carers Leeds offers a range of support, advice and information for carers and professionals in Leeds.	Call: 0113 380 4300, weekdays 9am to 5pm Email: advice@carersleeds.org.uk Visit: www.carersleeds.org.uk
Family Action - support	If you are aged under 18, Family Action can support you via a range of methods including social media, activities, group work, networking, accessing and signposting to external agencies for young carers and families to gain additional support.	Call: 0113 733 9126 Email: leedsyoungcarers@family-action.org.uk Visit: www.leedsyoungcarers.org.uk
Mindwell	The Leeds MindWell website is full of tips on different ways you can protect your mental health, whilst staying home. Information is available on the coronavirus mental health information hub web page.	Visit: https://www.mindwell-leeds.org.uk/myself/coronavirus-mental-health-information-hub
Voluntary Action Leeds	There are a wide range of opportunities to help others by volunteering in Leeds including carrying out volunteering from your home.	Visit: https://doinggoodleeds.org.uk/i-want-to-volunteer/ Call: 0113 2977920
One You	One You Leeds is a free local healthy living service designed to support Leeds residents to start and maintain a healthy lifestyle.	Visit: https://oneyouleeds.co.uk/

<https://www.leeds.gov.uk/shielding>

Routes to support: Community Care Hubs

Individuals seeking support are advised to contact the central helpline number on 0113 378 1877 and they will be matched to a volunteer from one of these local community care hubs.

Ward	Hub Host Org	Contact Name	Email
Adel & Wharfedale	OPAL	Joanna Mawson	johanna@opal-project.org.uk
Alwoodley	Moor Allerton Elderly Care	Julia Edmunds	julia@maecare.org.uk
Ardley & Robin Hood	Groundwork	Adrian Curtis	ACurtis@groundwork.org.uk
Armley	New Wortley Community Centre	Andrea Edwards	Andrea.Edwards@newwortleycc.org
Beeston & Holbeck	Slung Low	Alan Lane	alan@slunglow.org
Bramley & Stanningley	Barca	Joe Kent	volunteerhub@barca-leeds.org
Burmantofts & Richmond Hill	Leeds Mencap	Bernie Gahan	bernie.gahan@leedsmencap.org.uk
Calverley & Farsley	Pudsey Parish Church	Vicar Richard Dimery	vicar@pudseyparish.org.uk
Chapel Allerton	Feel Good Factor	Corrina Lawrence	Corrina@fgfleeds.org
Cross Gates & Whinmoor	Cross Gates & District Good Neighbours Scheme	Jo Horsfall	jo@crossgatesgns.org.uk
Farnley & Wortley	Armley Helping Hands	Dawn Newsome	dawn.newsome@armleyhelpinghands.org
Garforth & Swillington	Garforth Net	Monica Walker	monica@netgarforth.org
Gipton & Harehills	CATCH	Del Sylvester	del@arkleeds.co.uk
Guiseley & Rawdon	AVSED	Michelle Phillips	avsed@btconnect.com
Harewood	Wetherby in Support of the Elderly	Mark Dobson	mark@w-ise.org.uk
Headingley & Hyde Park	Hyde Park Source	Behla Hutchinson	behla@hydeparksource.org

Routes to support: Community Care Hubs 2

Ward	Hub Host Org	Contact Name	Email
Horsforth	Horsforth Community aid project	Sally Metcalfe	Sally.Metcalfe@mha.org.uk
Hunslet & Riverside	Involve (Hunslet)	Claire Whitley	claire@involveleeds.org.uk
Killingbeck & Seacroft	LS14 Trust	Howard Bradley	howards14trust@gmail.com
Kippax & Methley	Garforth Net	Monica Walker	monica@netgarforth.org
Kirkstall	Kirkstall Valley Development Trust	Adele Rae	adele.rae@kvdt.org.uk
Little London and Woodhouse	Oblong	Jess Fishenden	admin@oblongleeds.org.uk
Middleton Park	Hamara	Shanaz Gul	shanaz@hamara.co.uk
Moortown	InterACT Church and Community Partnership	Vanessa	vanessa@interact.uk.net
Morley North	Groundwork	Adrian Curtis	ACurtis@groundwork.org.uk
Morley South	Groundwork	Adrian Curtis	ACurtis@groundwork.org.uk
Otley & Yeadon	Otley Action for Older People	Sue Trainor	info@otleyactionforolderpeople.org.uk
Pudsey	Pudsey Parish Church	Vicar Richard Dimery	vicar@pudseyparish.org.uk
Rothwell	Rothwell Live At Home	Mandy Farr	Mandy.Farr@mha.org.uk
Roundhay	St Edmunds church	Reverend Nigel Wright	revnigelwright@gmail.com
Temple Newsam	Hope and Partners	Jeff Coupar	jeff@betterbuildsolutions.co.uk
Weetwood	OPAL	Joanna Mawson	johanna@opal-project.org.uk
Wetherby	Wetherby in Support of the Elderly	Mark Dobson	mark@w-ise.org.uk

Routes to support: Neighbourhood Networks

Neighbourhood Networks are community based, locally led organisations that enable older people to live independently and pro-actively participate within their own communities by providing services that reduce social isolation, provide opportunities for volunteering, act as a “gateway” to advice/information/services promote health and wellbeing and thus improve the quality of life for the individual. They remain a vital and active support partner to people in the shielding group and each offers help and support in different ways. They accept direct or self referrals. Or for more advice: Ali Kaye, ali@opforum.org.uk or tel: **0113 244 1697**

Action for Gipton Elderly	5-11 Oak Tree Drive, Gipton, LS8 3LJ Call: 0113 2409784 Email: age.gipton@talktalk.net
Aireborough Voluntary Services to the Elderly	ANSA Clubhouse, Nunroyd Park, Yeadon, Leeds LS19 7HR Call: 0113 2501702 Email: info@avsed.org.uk Visit: www.avsed.org.uk
Armley Helping Hands	Strawberry Lane Community Centre, Armley, LS12 1SF Call: 0113 2799292 Email: admin@armleyhelpinghands.org.uk Visit: www.armleyhelpinghands.org.uk
Belle Isle Senior Action	26 Broom Crescent, Leeds LS10 3JW Call: 0113 2778208 Email: info@belleisle.org.uk Visit: www.belleisle.org.uk
Bramley Elderly Action	Bramley Community Centre, Waterloo Lane, Bramley, Leeds LS13 2JB Phone: 0113 2361644 Email: info@bramleyea.org Visit: www.bramleyea.org.uk

Neighbourhood Networks 2

Neighbourhood Network	Contact Details
Burmantofts Senior Action	Lower Ground Floor, 75a Stoney Rock Lane, Leeds LS9 7TB Call: 0113 248 9191 Email: info@bsaleeds.org Visit: www.bsaleeds.org
Caring together in Woodhouse & Little London	Woodhouse Community Centre, 197 Woodhouse Street, Leeds, LS6 2NY Call: 0113 2430298 Email: info@caringtogether.org.uk Visit: www.caringtogether.co.uk
Chapel Allerton Good Neighbours (RVS)	The Old Shoulder of Mutton, 45 Potternewton Lane, Chapel Allerton, LS7 3LW Call: 0113 8873597 Email: LeedsYorkHub@royalvoluntaryservice.org.uk Visit: www.royalvoluntaryservice.org.uk
Community Action of Roundhay Elderly – CARE (RVS)	The Old Shoulder of Mutton, 45 Potternewton Lane, Chapel Allerton, LS7 3LW Call: 0113 8873597 Email: LeedsYorkHub@royalvoluntaryservice.org.uk Visit: www.royalvoluntaryservice.org.uk
Cross Gates & District Good Neighbours' Scheme CIO	Station Road, Crossgates, Leeds, LS15 7JY Call: 0113 260656 Email: admin@crossgatesgns.org.uk Visit: www.crossgatesgns.org.uk
Farsley Live at Home Scheme	St John's Farsley Parish Church Hall, New Street, Leeds, LS28 5DJ Call: 0113 2909340 Email: farsley.liveathome@mha.org.uk Visit: www.mha.org.uk/community-support/live-home/farsley

Neighbourhood Networks 3

Neighbourhood Network	Contact Details
Halton Moor & Osmondthorpe Project – HOPE	Osmond Thorpe Hub, Osmondthorpe Lane, Leeds LS9 9EF Call: 0113 249 3597 Email: info@hopeprojectleeds.org.uk Visit: www.facebook.com/hopeprojectleeds/
Hamara Healthy Living	Tempest Road, Beeston, LS11 6RD Call: 0113 2773330 Email: admin@hamara.co.uk Visit: www.hamara.org.uk
Hawksworth Older People's Support – HOPS	6 Broadway, Hawkswood Crescent, Hawksworth Wood, Leeds LS5 3PR Call: 0113 2285552 Email: hops2001@yahoo.co.uk Visit: www.facebook.com/Hawksworth-Older-People-Support-Services-HOPS-LTD200871099929233/
Holbeck Together	The Old Box Office, 99 Domestic Street, Holbeck, LS11 9NS Call: 0113 2455553 Email: info@holbecktogether.org Visit: www.holbecktogether.org/
Horsforth Live at Home Scheme	Central Methodist Church, Town Street, Horsforth, LS18 4AH Call: 0113 2591511 Email: horsforth.liveathome@mha.org.uk Visit: www.mha.org.uk/community-support/live-home/horsforth
Leeds Black Elders Association	3 Reginald Terrace, Leeds, LS7 3EZ Call: 0113 2374332 Email: info@lbea.co.uk Visit: www.lbea.co.uk

Neighbourhood Networks 4

Neighbourhood Network	Contact Details
Meanwood Elders Neighbourhood Action (RVS)	The Old Shoulder of Mutton, 45 Potternewton Lane, Chapel Allerton, LS7 3LW Call: 0113 8873597 Email: LeedsYorkHub@royalvoluntaryservice.org.uk Visit: www.royalvoluntaryservice.org.uk
Middleton Elderly Aid	Middleton Elderly Aid Centre, Acre Road, Middleton, Leeds LS10 4LF Call: 0113 272 1050 Email: info@middletonelderlyaid.org.uk Visit: www.middletonelderlyaid.org.uk
Moor Allerton Elderly Care – MAECare	57 Cranmer Bank, Moor Allerton, LS17 5JD Call: 0113 266 0371 Email: info@maecare.org.uk Visit: www.maecare.org.uk/
Morley Elderly Action	Wesley House, 32 Wesley Street, Morley, LS27 9ED Call: 0113 253 4484 Email: info@morleyelderlyaction.org.uk Visit: www.morleyelderlyaction.org.uk
Neighbourhood Action in Farnley, New Farnley & Moor Top	307 Lower Wortley Road, LS12 4QA Call: 0113 263 2945 Email: neighbourhoodaction@hotmail.com Visit: www.facebook.com/Neighbourhood-Action-In-Farnley-New-Farnley-Moor-Top252574891590856/
Neighbourhood Elders Team – NET	Dover Street, Garforth, Leeds LS25 2LP Call: 0113 287 4784 Email: info@netgarforth.org Visit: www.netgarforth.org

Neighbourhood Networks 5

Neighbourhood Network	Contact Details
Older People's Action in the Locality – OPAL	Welcome In Community Centre, 55 Bedford Drive Leeds, LS16 6DJ Call: 0113 2619103 Email: admin@opal-project.org.uk Visit: www.opal-project.org.uk
Older Wiser Local Seniors - OWLS	HEART, Bennett Road, Headingley, LS6 3HN Call: 0113 3697077 Email: infoowls@gmail.com Visit: www.bramleyea.org.uk/activities-services/owls/
Otley Action for Older People	Otley Older People's Welfare Centre, Crossgates, Otley, LS21 3AA Phone: 01943 463965 Email: info@otleyactionforolderpeople.org.uk Visit: www.otleyactionforolderpeople.org.uk
Pudsey Live at Home Scheme	53 Richardshaw Lane, Pudsey, LS28 7NB Call: 0113 2562717 Email: Pudsey.liveathome@mha.org.uk Visit: www.mha.org.uk/community-support/live-home/pudsey
Richmond Hill Elderly Action	Richmond Hill Community Centre, Long Close Lane, Leeds, LS9 8NP Call: 0113 2485200 Email: info@rhea-leeds.org.uk Visit: www.rhea-leeds.org.uk
Rothwell & District Live at Home Scheme	First Floor, Oulton Institute, 5 Quarry Hill, Oulton, LS26 8SX Call: 0113 2880887 Email: rothwell.liveathome@mha.org.uk Visit: www.rothwellliveathome.btck.co.uk/

Neighbourhood Networks 6

Neighbourhood Network	Contact Details
South Leeds Live at Home Scheme	St Andrew's Methodist Church, Old Lane, Beeston, LS11 8AG Call: 0113 2716201 Email: liveathome@btopenworld.com Visit: www.southleedsliveathome.org.uk
Seacroft Friends & Neighbours Scheme	Methodist Church Hall, 1081 York Road, LS14 6JB Call: 0113 2734979 Email: ssfn@btconnect.com Visit: www.ssfn.co.uk
Supporting the Elderly People - STEP	244 Queenswood Drive, Leeds LS6 3ND Call: 0113 275 7988 Email: step.2.step@btconnect.com Visit: www.stepleeds.org.uk
Swarcliffe Good Neighbours Scheme	Swarcliffe Community Centre, Stanks Gardens, Leeds, LS14 5LS Phone: 0113 2326910 Email: mail@sgns.wanadoo.co.uk Visit: www.sgns.org.uk
Wetherby in Support of the Elderly – WISE	Wetherby One Stop, Westgate, LS22 6NL Call: 01937 588994 Email: info@w-ise.org.uk Visit: www.w-ise.org.uk

Additional information

- Additional efforts need to be made to ensure people who are in the shielding group are given information that applies specifically to them, that may differ to that of the general population. This includes:
 - Developing symptoms
 - School age children
 - People continuing active treatment

At the first sign of symptoms...

- People in the shielding group should contact NHS 111 at the first sign of any coronavirus symptoms:
 - High temperature
 - New continuous cough
 - Loss or change to sense of smell or taste
- If someone who is shielding needs to take a Covid-19 test, they should **request a home test kit** and **not** travel to or attend a walk to test centre

Information for Children

- The clinical advice around the risk to children is being reviewed. Before the start of the new school year, every child is expected to have their level of risk updated – and this is expected to reduce the number of children who on the shielding list considerably.
- A small group of children and young people who receive specialist care in hospitals may still be considered clinically extremely vulnerable following a consultation with their doctor. This includes those receiving cancer care or those at risk of severe infection due to an immunodeficiency. These children will remain on the shielding list, and may well be advised to take additional measures if the infection rates increase again.
- For all children who have been on the shielding list, a paediatric specialist or GP will be in touch. They will do their best to make sure this discussion takes place before the new school term so that you and your child are clear about what the risk level is.
- If a parent/carer is concerned about their child returning to school in September, and the child's paediatrician has not been in touch before the start of the school term, they are advised to get in touch with them.
- For children who remain on shielding list because they are clinically extremely vulnerable, there will be fresh guidance for education settings about how best to manage the situation safely. Whilst shielding remains paused – the Government position is that these children should return to school.
- However, the Government has confirmed that whilst they have announced fines for parents who do not allow their child to return to schools, these fines would not apply to parents/guardians of children in the shielding group who may have understandable concerns for their child's safety.
- Our advice remains in Leeds that we want to see that the child, their parents/carers, their school and their doctor all agree on the correct course of action for each child.

People in active treatment

- Some consultants are advising people in active treatment (e.g. some cancer treatment, or awaiting transplants) to remain shielding.
- GPs and Consultants CAN (and should) advise people to remain shielding where they think there is a clinical need – but in order for a person to not attend work and claim work based/ statutory sick pay from 1st August - they must write Fit Notes that reference the treatment someone is undertaking/ or their related anxiety – **referencing shielding alone will not enable someone to claim sick pay**
- Leeds continues to offer support for people who are struggling physically or mentally to resume shopping as well as welfare support where needed – whether they have been formally advised to remain shielding or not.
- **If you are working with someone who remains shielding at home, please take additional precautions at all times.**

Future Shielding Advice

- Whilst the rate of transmission in England remains low overall, the Government has chosen to **pause** the advice to shield at home.
- This is aimed at balancing being "**as safe as possible**" with living life "**as normally as possible**"
- Understandably, many people in the shielding group will be anxious about this – and the advice to everyone is to **go at your own pace, and be informed about the risks that different settings present.**
- Because of the way the virus spreads, **if rates of transmission increase** rapidly – either in Leeds or across England, it may be that the national Government takes a future decision to **re-issue the advice** to shield at home.
- If you work with someone in the shielding group, it may be helpful to some people to think about **planning ahead** in case this happens – to discuss what they would like to be in place to support them, should they be advised to shield at home again in the future.