

NHS offers and discounts – as at 21 April 2020

List of food offers

Organisation	Details of offer	Link to offer
Deliveroo	50,000 £20 vouchers available for NHS staff. NHS workers can redeem their £20 voucher by setting up a Deliveroo account with their NHS email address.	Get the offer
Just Eat	25% discount on takeaway and delivery. Offer extended to 26 April.	Get the offer
Soulful Food	Offering £10 off boxes of 12 chilled ready meals to NHS staff. Email hello@soulfulfood.com from your NHS email account to be sent a code.	Get the offer
Vibrant Vegan	£15 off boxes of six frozen ready meals to NHS staff. Email nhshero@vibrantvegan.co.uk from your NHS email account to be sent a code.	Get the offer
Mindful Chef	30% off food box and ready meal deliveries	Get the offer
Hotel Chocolat	50% discount on online orders – valid with Blue Light Card or NHS Email address. Claim discount code through link. Valid to 30 April.	Get the offer
Olio	#Cook4Carers campaign – NHS staff and care workers can claim meals and food specifically for them through Olio platform (online, app, web) in their neighbourhood through non-contact pickup	Get the offer
Cook 19	Providing free meals to NHS staff via waiting list system.	Get the offer
Las Iguanas	50% off food to NHS workers at locations that remain open for takeaway and a free Coke can (while stocks last).	Get the offer
LEON	50% discount to NHS workers, restaurants also now selling supermarket supplies.	Get the offer
DG Cars Nottingham	Free bread and milk for NHS staff and elderly.	Get the offer
YO! Sushi	50% off all food orders.	Get the offer
The Athenian	50% discount on delivery orders to any NHS hospital, surgery, clinic or care home.	Get the offer
Yard Sale Pizza	50% off collection, 25% off delivery for NHS staff	Get the offer

List of supermarket offers

Organisation	Details of offer	Link to offer
B&M	10% discount to all NHS staff. Just need to show a NHS identity card at checkout.	Get the offer
Morrisons	10% discount until 12 July.	Get the offer
Marks and Spencer	Priority hours for NHS and emergency services workers – first hour on Tuesday and Friday morning	Get the offer
Tesco	Special trading hours for NHS staff: 9am – 10am Tuesdays and Thursdays in larger stores, and open one hour earlier before checkouts open on Sundays.	Get the offer
Asda	Priority hours for NHS staff – ‘prioritising’ NHS staff in larger stores: 8am – 9am Monday, Wednesday, Friday	Get the offer
Morrisons	Priority hours for NHS staff: 7am – 8am Monday to Saturday	Get the offer
Sainsburys	Reserved hours for NHS and social care workers: 7:30am – 8:00am Monday to Saturday	Get the offer
Waitrose	Setting aside hard to find essentials for NHS staff, priority entrance and checkout treatment	Get the offer
Aldi	Priority hours for NHS staff: 9:30am – 10am Sunday with ID	Get the offer
Iceland	Priority hours – final hour of opening for NHS staff.	Get the offer
Booths	Priority hours for NHS: Monday to Saturday 7am to 8am, and 8pm to 9pm (7pm – 8pm Chorley and Kendal only), Sunday 9am to 10am (10am – 11am Media City only)	Get the offer
Marks and Spencer	Free Percy Pig Easter egg for NHS Badge or Blue Light Card holders (at select stores)	Get the offer

List of transport offers

Organisation	Details of offer	Link to offer
AA	If you work for the NHS and you break down travelling between home and work, call us 24/7 on your dedicated NHS number 0800 072 5064. Show your NHS ID to the patrol when they arrive – no requirement to be an AA	Get the offer

member.

Stagecoach South West	Free bus travel for NHS Staff with an NHS badge.	Get the offer
Stagecoach South East	Free bus travel for NHS Staff with an NHS badge.	Get the offer
Stag Lane Motors	Free breakdown and recovery service to any NHS staff, key worker or vulnerable person if not registered with a main breakdown club.	Get the offer
Veygo	75% off short term car insurance for NHS staff	Get the offer
Halfords	Free 10 point car check, including top-ups of tyre inflation, screen wash and checks on oil levels, headlights and brake lights.	Get the offer
JustPark	Free driveway parking for NHS workers	Get the offer
Chorley Group	50% off repairs and servicing	Get the offer
Addison Lee	25% off rides for all NHS workers.	Get the offer
Uber bikes (Jump)	Up to 50 free journeys on their electric bikes	Get the offer
Ola Cabs	50% off rides to and from work; available for the first 10 rides, running to the 7 of April.	Get the offer
Blue Line Taxis	Discount vouchers for NHS staff in North East	Get the offer
FreeNow	50% discount for rides for NHS workers	Get the offer
Gett UK	£10 rides for NHS workers	Get the offer
NCP (Parking)	NHSFREE, which is automatically applied when you book through the website www.ncp.cp.uk .	Get the offer
Hertz	£1 day car rental for frontline workers including NHS workers	Get the offer
Santander Cycles	Free 24-hour access code (THANKSNHS), and free journeys in London under 30 minutes.	Get the offer
Brompton Bike Hire	Free 30-day foldable bike rental	Get the offer
Hiya Car	Free car hire for NHS staff during lockdown (longer if needed)	Get the offer

Uber	Free rides and meals for NHS staff	Get the offer
NHS Trust Parking	Free parking for NHS staff	Get the offer
Europcar	Up to 10% off car hire for NHS and emergency service workers	Get the offer
Asda Tyres	10% off all tyres for NHS staff	Get the offer
DG Cars Nottingham	20% off Taxis fares for NHS staff	Get the offer
Cycling UK	3 months membership, which includes free insurance, legal advice, online retail discounts and digital magazines	Get the offer
Karshare	Free checked, cleaned, insured vehicles available for NHS staff/volunteers – available at the Docklands, Bristol and Brighton. Cars donated by members of the public	Get the offer
Enterprise Car Club	Free membership (a saving of up to £60) to NHS, emergency services, NHS volunteers and the Armed Forces.	Get the offer

List of accommodation offers

Organisation	Details of offer	Link to offer
The Landmark Trust	Free accommodation in Landmark's buildings offered for NHS critical staff	Get the offer

List of miscellaneous offers

Organisation	Details of offer	Link to offer
Bubble	Offering the bubble childcare platform free of charge to enable NHS parents to match with local sitters who wish to volunteer for them.	Get the offer
Hachette UK	Free e-book download.	Get the offer
Olympia Publishers	20% off all of our books with free shipping.	Get the offer
Pets at Home	10% discount to all NHS staff. Just need to show a NHS identity card at checkout.	Get the offer
WorldRemit	£50 voucher for new and existing customers registered with an NHS email address.	Get the offer
WHSMITH	20% discount in all hospital stores	Get the offer

Superdrug	20% discount with a Superdrug card and NHS ID	Get the offer
Headspace	Free access to Headspace Plus for NHS workers until 31st December 2020	Get the offer
Simba	50% discount to NHS workers	Get the offer
FitFlop	Extra 20% discount (on top of 50% discount)	Get the offer
Gillette	Free razor	Get the offer
Bloom & Wild	40% discount on flowers	Get the offer
Microsoft	NHS workers can use Microsoft Teams for free during crisis.	Get the offer
Big Drop Brew	30% discount on online orders for NHS staff	Get the offer
Kurt Geiger	50% discount for a year when stores re-open	Get the offer
O2	25% discount on O2 Perks and Airtime Plans	Get the offer
SAS Daniels	Discounted private client services and out of hours meetings for NHS staff	Get the offer
Rebelfit	Free membership for NHS workers	Get the offer
Salford Rum Company	Additional £10 discount for NHS workers	Get the offer
SHO Water Bottles	50% discount for NHS workers	Get the offer
Snag Tights	Free item – if selected	Get the offer
Silent Pool Gin	20% discount for NHS workers	Get the offer
Top Dog Harnesses	30% discount for NHS workers	Get the offer
unmind	Free access for NHS workers	Get the offer
Dr PawPaw	Two free tubes of balm	Get the offer
Fiit	3 months of premium membership for free	Get the offer
Floweret	Free period cup, pad or period pants	Get the offer
Vodafone	30 days of unlimited mobile data for NHS staff	Get the offer
Telegraph	6 month free online subscription for NHS staff. Email NHS@telegraph.co.uk from an NHS email account only to claim offer.	Get the offer

Air BNB	Free places to stay for frontline NHS staff (for entire homes that meet safety and cleanliness protocols). Air BnB will help connect NHS staff living more than 30 minutes from their place of work with an appropriate site for free.	Get the offer
EE	Unlimited data until 9 October for EE pay monthly mobile plan customers who are NHS staff. Register through link.	Get the offer
Nutribuddy	50% off everything for NHS staff online. Email support@nutribuddy.com from your NHS email account or alternatively email your NHS badge to get a code.	Get the offer
Azoomee	Free three month subscription for shows and videogames platform for children for NHS staff. Sign up for account through link to claim discount.	Get the offer
Homes for NHS	Collective organising free accommodation for NHS workers (with small contributions requested for maintenance and cleaning). Follow link to request accommodation assistance through online form.	Get the offer
Sleepio & Daylight	Sleep-help programme and anxiety-reduction app giving free access to NHS staff who sign up online using the special links with their NHS email account.	Get the offer