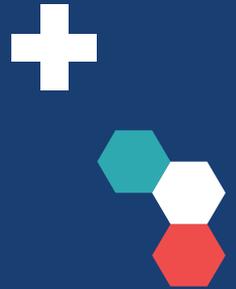


Patient and Public Involvement/Engagement in Research



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BRC



What is health research?

Research helps us increase our knowledge about human health and wellbeing. This is so we can:

- provide life changing treatments
- diagnose diseases earlier or more accurately
- prevent people from developing conditions
- improve health and care for generations to come
- ensure everyone has a better quality of life.

Overall, the aim is to find out whether what is being tested is better than what is currently available. This can include therapies, medicines and services.

Although health professionals already know a great deal, there are still so many questions that need answers.

Department of Health and Social Care Context

By 2025 we expect all people using health and social care, and increasing numbers of the public, to be aware of and choosing to contribute to research by:

- Identifying future research priorities and research questions
 - Informing the design and development of innovations
 - Participating in research studies
- Advocating for the adoption and implementation of research in the NHS

Going the Extra Mile Report 2014, NIHR

<https://www.youtube.com/watch?v=Fb7DscgKHow>

What is the NIHR?

Established in 2006 under the government's health research strategy, 'Best Research for Best Health' to create a research system in which the NHS supports outstanding individuals, working in world-class facilities, conducting leading-edge research focused on the needs of patients and the public.

Research Champions

- Volunteer their time to help spread the word about health and care research
- Speak to patients and the public, especially those groups who are less likely to take part in research
- Work with research and healthcare staff so they understand more about the experiences of those who take part in research
- Patients, carers, members of the public, people who have taken part in a research study before, as well as those who haven't
- Passionate about getting more people involved in research so that we can develop better care and treatment for everyone.

<https://www.nihr.ac.uk/patients-carers-and-the-public/i-want-to-help-with-research/research-champions.htm>

Be Part of Research

Two things:

- 1) Searchable website that shows all the NIHR health and social care research that is taking place in the UK
- 2) Annual celebration that falls on the same day as International Clinical Trials Day – 20th May

<https://bepartofresearch.nihr.ac.uk/>



Engagement, Involvement, Participation

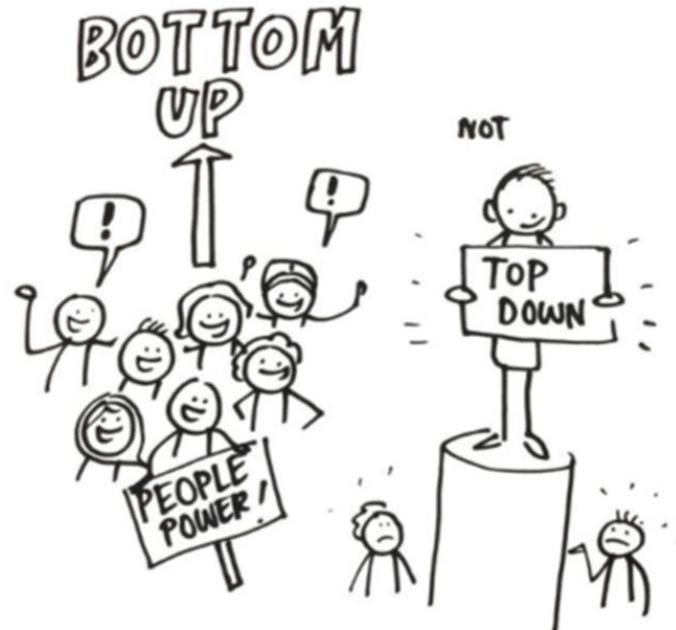
- **Engagement** - where information about research is provided and disseminated
- **Involvement** - where members of the public are actively engaged in shaping research projects
- **Participation** - where people take part in a research study

Patient and Public Involvement

‘Research carried out ‘with’ and ‘by’ members of the public rather than ‘to’ ‘about’ or ‘for’ them.’

INVOLVE -

<https://www.invo.org.uk/>



What is the NIHR Leeds BRC?

- One of 21 BRCs across the country
- LTHT and University of Leeds
- Multidisciplinary Team
- Shared goal of prevention and optimal treatment
- Musculoskeletal speciality
- 1 in 6 people, 20% of all GP appointments
- Translational research



PPIE at the NIHR Leeds BRC

Engagement

Event Programme - Ask the Researcher

Quarterly newsletter

Outreach events

Involvement

Focus groups – research design, recruitment methods, ethics, relevance of research

Membership on Board, Research Panels and Advisory Groups

Surveys/ Online feedback – patient literature

Why is PPI in health research important?

WHY IS PATIENT INVOLVEMENT IMPORTANT?



ENSURES A

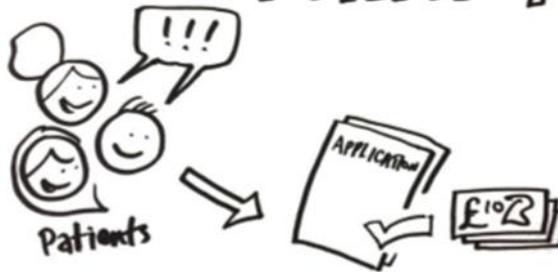


FOCUSSED OUTCOME

BENEFITS TO PARTICIPANTS



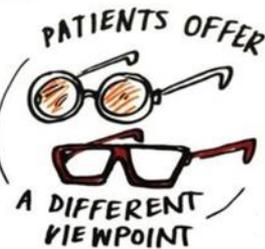
INVOLVING PATIENTS HELPS GET FUNDING



SENSE OF COMMUNITY THROUGH SHARING EXPERIENCE



SOME EXAMPLES ...



PPGs and Health Research

How can we reach the communities within your GP Practice to engage them in health research?



Thank you for listening
Any questions?

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