

Young Parents Workshop

Old Fire Station 3 May 2018

In attendance:

Abigail Firth, Saphire Browne, Rachel Campey, Kim Cullum, Liz Wigley, John May, Helen Butters, Lucy Potter, Sue Forbes, Natalie Walker, Arpeige Neary, Deborah

A workshop was organised primarily with young parents to discuss an appropriate format to share information regarding the pathway for young parents. Some professionals were also in attendance and looked at the pathway from their point of view: four young parents attended. Rachel, Saphire, Kim and Abigail.

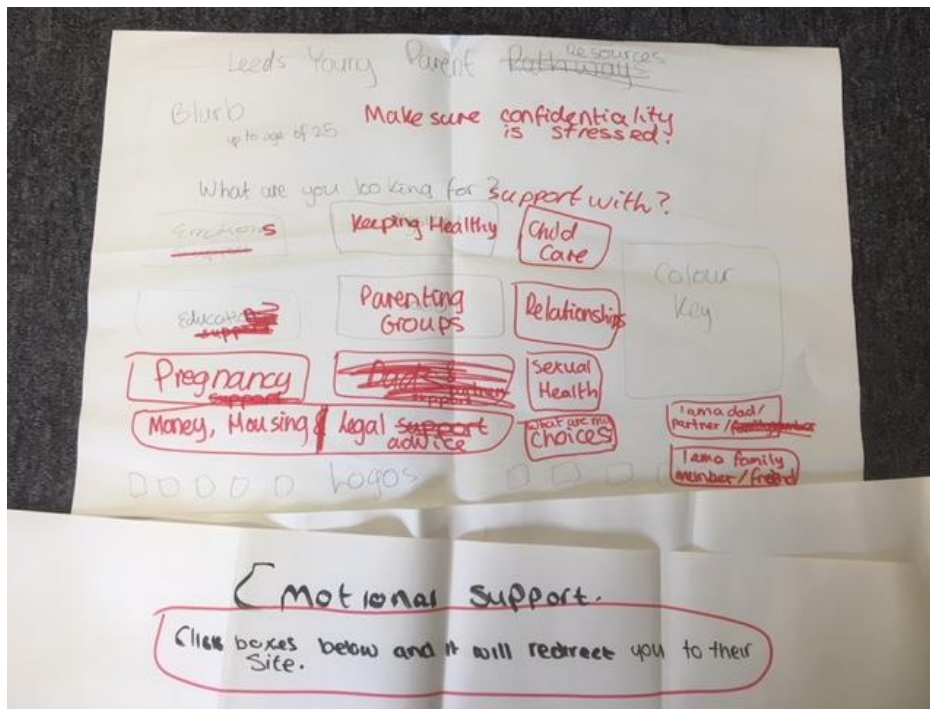
Feedback from the young parents was that when they needed help, advice and information they could not find it easily in one place. Liz stated that the Family Information Service website <https://familyinformation.leeds.gov.uk> seemed to be the best place to host future resources.

The following points were discussed:

- PDF download available from the website
- Add a disclaimer to the download and make sure it is dated
- Space for feedback comments and a simple rating system
- Develop standards for services
- Mum Space – a space in Meanwood for young parents to tell and share their experience
- Who would monitor and check the page on the website for updates?
- John agreed to organise a young parents group who would regularly review and moderate the pathway

Examining the pathway





Key Points

Rachel, Saphire, Kim and Abigail drew what a web page could look like. They felt it was useful to add a tab for people to identify themselves – I am a dad/partner – I am a family member/friend

They added “What are you looking for support with”?

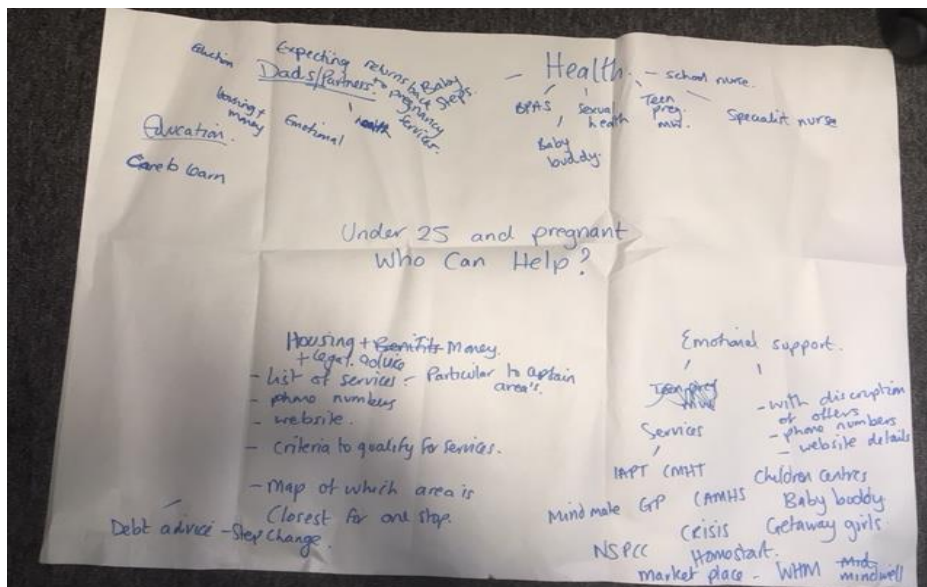
- Increased the boxes to the following:
 - Emotions
 - Keeping Healthy
 - Child Care
 - Education
 - Parenting Groups
 - Relationships
 - Pregnancy
 - Sexual Health
 - Money Housing/Legal advice
 - What are my choices?
- Services colour coded and listed when clicked on the above boxes
- Logos displayed on the site
- It wasn't felt important to distinguish between health and council led services
- Important to be clear that the site was confidential
- Clear the resources were aimed at 25 and under
- Use the title Leeds Young Parent **Resources** (not pathway)
- Service web links to be added within the boxes
- Self-referral and GP referral to be clear

- One page that also lists everything
- Get rid of headings of pregnancy weeks
- Need more information on the site for dads and partners
- Issue for partners – if they are not mentioned on the birth certificate they can't access “access for university”.

Professional feedback

The comments from the professionals were very similar: please see below. They separated the information by:

- Education
- Dad/Partners
- Housing and money (did not use the word benefits)
- Emotional support
- Health
- Under 25 and pregnant – who can help?



Next Steps

A meeting will take place with Liz and the young parents to hone the ideas further and to meet the administrator of the Family Information Service. Once the resources are agreed for the young parents, we will look at whether the same method can be used for professionals or whether it needs to be slightly changed.

Helen Butters 9 May 2018